

## **Activities Participation Statement**

It is the responsibility of the individual to inform the Club/ Society committee, Club Captain, Coach, Trip Organiser or Activity Leader of any relevant medical condition or previous injuries the University of Hertfordshire Students' Union should be aware of which may affect your or others safe participation in the activities of the Club.

By becoming a member of a Club/ Society you agree to adhere to and abide by the guidelines for participation as laid out by the Club/ Society as well as those laid out by the University of Hertfordshire Students' Union.

You may be participating in activities that may involve an above average element of risk, in an environment where professional medical care and rescue services may not always be immediately available. In view of this it is your responsibility to ensure that you fully understand the exact nature of each activity you undertake, the risks involved and the equipment needed for your safe participation.

You should never participate in an activity where you are unsure of any of the above aspects. If in doubt, ask any of your Club/ Society Committee members or the Sports Development Manager for further information. It is also your responsibility to notify your next of kin of your desire to participate, before engaging in that activity.

I have read, understood and agree to act in accordance with the above statement. I certify that the information provided on this form is correct and may be given to relevant management committee members to facilitate effective administration.